Ingersoll Place
ASSISTED LIVING

November 2026

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 Catholic Mass (TV) 11:00 Morning Stretches 2:00 30 Minute Workout 3:00 Ice Cream Sundaes 4:15 Pool Tournament (UW)	2 11:00 Game: The Price is Right 2:00 Board Games and/or Card Games 3:00 Nickel BINGO 6:15 Cornhole	3 11:00 Darts Tournament 2:00 30 Minute Workout 3:00 OUTING – Scenic Drive 6:15 Nickel BINGO	4 11:00 Pool Tournament **2:30 FOOD COUNCIL** 3:30 Nickel BINGO 6:15 Beach Ball Volleyball	5 11:00 Create with Clay 2:00 30 Minute Workout 3:00 Game: "Jeopardy" 6:15 Pictionary	6 10:30 – 12pm Manicures 10:30 OUTING – Dollar Tree 2:00 Candy BINGO 3:00 Happy Hour! 4:15 Small group/ 1:1 Visits	7 11:00 Would You Rather? 1:15 Residents' Choice 2:00 Quarter BINGO 3:30 Movie Matinee w/ Popcorn
8 10:00 Catholic Mass (TV) 11:00 Morning Stretches 2:00 30 Minute Workout 3:15 Classical Concert by First Presbyterian Church of Schenectady	9 11:00 Parachute Game 2:00 Guided Meditation 3:00 Nickel BINGO 6:15 Pool Tournament	10 9:45 Catholic Communion 11:00 Q-Tip Painting 11:30 OUTING – Proctors GE Organ Concert 2:00 30 Minute Workout 6:15 Nickel BINGO	11 11:00 Red Poppies for Remembrance **12:00 Veteran's Lunch (Library)** 2:00 Make Care Packages to Send to Military Overseas 3:00 Nickel BINGO 6:15 Dart Tournament	12 11:00 The "Golden Girls" 11:30 OUTING- Scarboroughs Restaurant($) 2:00 30 Minute Workout 3:00 Name That Tune 6:15 The Pattern Game	13 10:30 – 12pm Manicures 10:30 OUTING – Burlington Coat Factory 2:00 Candy BINGO 3:00 Happy Hour! 4:15 Small group/ 1:1 Visits	14 11:00 Famous Faces 1:15 Residents' Choice 2:00 Friendly Debate Club 3:00 Quarter BINGO 4:15 Small Group/ 1:1 Visits
15 10:00 Catholic Mass (TV) 11:00 Morning Stretches 2:00 30 Minute Workout 3:00 OUTING – Scenic Drive 4:15 Pool Tournament (UW)	16 11:00 Song Association 2:00 Learn about Judaism with Rabbi Adam Lautman (all are welcome!) 3:00 Nickel BINGO 6:15 Cornhole	17 11:00 The Pattern Game 2:00 30 Minute Workout 3:00 Show Tunes w/ Laura (Lobby) 6:15 Nickel BINGO	18 11:00 Tabletop Bowling 1:30 OUTING – USS Slater Historical Museum ($6) 2:00 History Documentary 3:30 Nickel BINGO 6:15 Beach Ball Volleyball	19 11:00 Science Experiment **12:00 Chinese Food w/ Activities Staff** 3:00 Guitar w/ Tony (Lobby) 6:15 Group Hangman	20 10:30 – 12pm Manicures 10:30 OUTING – Scenic Drive 1:30 Candy BINGO 3:00 "It's Magic" with Doug 4:15 Small group/ 1:1 Visits	21 11:00 Coffee Social 1:15 Residents' Choice 2:00 Board Games and/or Card Games 3:00 Quarter BINGO 4:15 Small Group/ 1:1 Visits
22 10:00 Catholic Mass (TV) 11:00 Morning Stretches 2:00 30 Minute Workout 3:00 Ice Cream Sundaes 4:15 Shuffleboard (UE)	23 11:00 Song Association 2:00 Game: Cheese Head 3:00 Nickel BINGO 6:15 Pool Tournament	24 9:45 Catholic Mass **11:00 RESIDENT COUNCIL** 2:00 30 Minute Workout **3:00 2nd Annual FriendsGiving Party** 6:15 Nickel BINGO	25 10am – 12pm Volunteering at the Ronald McDonald House (limited space) 1:30 Yoga w/ Laura 3:00 Nickel BINGO	26 	27 10:30 – 12pm Manicures 11:00 "Chicken Soup for the Soul" Stories" 2:00 Candy BINGO 3:00 Happy Hour! 4:15 Small group/ 1:1 Visits	28 11:00 Autumn Craft 1:15 Residents' Choice 2:00 Popcorn Bar 3:00 Quarter BINGO 4:15 Small Group/ 1:1 Visits
29 10:00 Catholic Mass (TV) 11:00 Morning Stretches 2:00 30 Minute Workout 3:00 OUTING – Scenic Drive 4:15 Pool Tournament (UW)	30 11:00 Coffee Social 1:30 Episcopal Service 2:00 The "Golden Girls" & Baking w/ Jon 3:00 Nickel BINGO 6:15 Cornhole					

Christina Benardo, Activities Director, x314
Assistants: Cindy, Crystal, Aria, Lexie, Alex, Delia, Julie

All activities take place in the Activities Room unless otherwise noted

Reoccuring Daily Activities: 9am Fireside Chats, 9:30 Rosary; 10am Morning Stretches, 1:15pm & 4:15pm Residents' Choice; Friday Manicures (10:30am-12pm)